

Course Outline Day One

I. Welcome

0800-0900

- A. Student sign in
- B. Safety Brief – for entrance qualification only – Include Tactical Index
- C. Range Orientation
 - 1. Restrooms
 - 2. Lunch locations
 - 3. Smoking area
 - 4. Loading Bench
 - 5. Cleaning Bench
 - 6. Loading / Unloading Barrels
 - 7. Telephone
- D. Pre-Qualification should have been completed prior to class, along with lesson plan assignments. For “last minute” attendees a pre-qualification could be completed an hour before class or at this break.

II. Course Overview

0900-1000

- A. Introduction of Instructors
- B. Interest Introduction
- C. Learning Objectives
- D. Expectations and Standards
 - 1. 100% attendance
 - 2. safe gun handling
 - 3. final written test – 80% to pass – day 5
 - 4. weapons manipulations – day 5
 - 5. skills testing
 - 6. preparedness for class and range drills
 - 7. submission of correctly formatted written lesson plan

III. Safety

1000-1130

- A. Four Safety Rules
- B. Tactical Index
- C. Where the Rifle Should/Should Not Be
- D. Load/Unload/Press Check

IV. Lunch

1130-1230

V. Classroom Instruction

1230-1630

- A. Patrol Rifle Theory (brief summary)
- B. Rifle Sights – Optics - Zeroing

Day One Continued

VI. Classroom Instruction	1630-1655
A. Dry Practice	
B. Shooter – Coach concept and procedure	
VII. End of Day One	1655-1700

Course Outline Day Two

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| I. Classroom | 0800-0830 |
| A. Student led review of day one. | |
| B. Discuss Enoka and Muzzle Depressed Theory | |
| II. Classroom Instruction | 0830-1130 |
| A. Rifle Nomenclature | |
| B. Ammunition and Terminal Ballistics | |
| C. Cycle of Operation | |
| D. Cleaning and Lubrication | |
| E. Aftermarket Add-On “Stuff” | |
| III. Lunch | 1130-1230 |
| IV. Classroom Instruction | 1230-1330 |
| Morning Session Continued | |
| V. Range | 1330-1500 |
| A. Fundamentals of Marksmanship | |
| 1. Stance | |
| a) Natural Point of Aim (NPOA) | |
| b) Bone Support | |
| c) Cheek Weld | |
| 2. Grip | |
| 3. Sight Alignment / Sight Picture | |
| a) Sight Offset | |
| b) Wobble Area | |
| c) Canting the rifle | |
| 4. Trigger Control | |
| 5. Breathing | |
| 6. Follow Through | |
| 7. Slings | |
| B. Shooting Positions (emphasis placed on the prone – kneeling positions are taught to facilitate assumption and recovery from the prone. Review NPOA) | |
| 1. Conditions of Carry | |
| 2. Methods of Carry | |
| 3. Speed Kneel | |
| 4. Double Kneel | |
| 5. Prone | |
| C. Scanning Prior to Getting Up From Prone or Kneeling | |

Day Two Continued

VI. Range Drills	1500-1630
A. Confirm Zero-Optics and BUIS	
VII. Range Training	1630-1700
A. Scanning 360 degrees	
B. SUL Position	
C. Tactical Recovery of Equipment From the Ground	
VIII. End of Day Two	1700

Course Outline Day Three

- I. Classroom 0800-0830**
A. Student led review of day two
- II. Classroom and Range 0830-1000**
A. Position Shooting (all remaining positions)
 1. Braced Kneel
 2. Sitting
 3. Squatting
 4. Roll-Over Prone
 5. Standing / Offhand
B. Dry and live fire practice of all positions
- III. Classroom and Range 1000-1130**
A. Clearing Malfunction-Primary & Secondary
B. Transitions from rifle to pistol
C. Dry Practice performance
- IV. Lunch 1130-1230**
- V. Classroom and Range 1230-1400**
A. Reloads – Speed and Tactical
B. Shooting from behind cover
 1. Left / Right / Over / Under (use standard and step barricades)
 a) Depth of Cover (High Angle Exception)
 b) Approaching Cover
 c) Assuming shooting position behind cover (inert guns – coach views shooter from down range)
 d) Avoiding Back Blast and Light Splash-Muzzle in Front of Cover
 2. Dry and Live Fire Drills
- VI. Range - Drills 1400-1630**
A. Close Quarters Shooting (3 – 10 yards)
 1. Controlled Pairs
 2. Hammers
 3. ABC Drills
 4. Step Drills

B. Pivots
 1. 90 Degrees Left / Right
 2. 180 Degrees Rear

Day Three Continued

- C. Multiple Threats
 - 1. Proximity
 - 2. Threat Level
 - 3. Opponent Capability
 - 4. El Presidente' Drills
- D. Shooting on the move
 - 1. Left / Right / Forward / Back
 - 2. Transitioning Rifle to Support Side
- E. Shooting Moving Targets
 - 1. Tracking – Following Target
 - 2. Ambush – Setting up on a window or other opening

VII. Range Clean Up **1630-1655**

VIII. Homework **1655-1700**

- A. Practice Rifle Manipulations
- B. Reading Assignments – Low Light Shooting section
- C. Charge flashlights / batteries for low light shooting

End of Day Three **1700**

Course Outline Day Four

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| I. Classroom | 0800-0830 |
| A. Student led review of Day Three | |
| B. Written Test Review | |
| II. Classroom Instructions | 0830-1130 |
| A. Use of Deadly Force | |
| III. Lunch | 1130-1230 |
| IV. Classroom Instruction | 1230-1330 |
| A. Principles of Low Light Combat | |
| B. Rifle/Flashlight Techniques | |
| V. Range Instruction | 1330-1630 |
| A. Low light shooting – live fire | |
| 1. Practice each flashlight shooting technique | |
| 2. Practice each flashlight searching technique | |
| 3. Practice flashlight shooting from strong / support side of barricade | |
| 4. Practice reloads / malfunctions clearances / challenges with flashlight | |
| B. Handheld lights – vs. – Rifle mounted lights | |
| C. Liability involved in Unsighted fire | |
| D. BLEA Low-Light qualification course (familiarization only) | |
| VI. Range Clean Up | 1630-1700 |
| VII. End of Day four | 1700 |
| <u>NOTE: The working hours of day 4 may need to be adjusted to insure a low light environment, depending on the location of the range. (i.e.: Day shift to Swing shift)</u> | |
| VIII. Homework | |
| A. Study for final written test – Day 5 | |
| B. Practice Rifle Manipulations | |

Course Outline Day Five

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| I. | Classroom | 0900-0930 |
| | A. Student led review of Day four | |
| II. | Classroom | 0930-1030 |
| | A. Final Written Test | |
| | 1. Student must attain a minimum score of 80% to pass. | |
| III. | Classroom | 1030-1100 |
| | A. Correct and review written test. | |
| IV. | Range Instruction | 1100-1200 |
| | A. Skills Testing | |
| V. | Lunch | 1200-1300 |
| VI. | Range Instruction | 1300-1430 |
| | A. Rifle Retention (Blue or Dummy Rifles Required) | |
| | 1. Tuck, Pull, Aim, Fire | |
| | 2. Transition to Handgun | |
| | 3. Level II Defensive Tactics | |
| | 4. Push/Pull and Rotate | |
| VII. | Range Clean-up | 1430-1500 |
| VIII. | Classroom | 1500-1530 |
| | A. Course Critiques and Evaluations | |
| IX. | Classroom | 1530-1600 |
| | A. Closing comments from Instructors | |
| | 1. Continuing Education | |
| | 2. Instructor Credentials | |
| | 3. Professional Organizations | |
| | a) WSLEFIA Membership Application | |
| | b) IALEFI Membership Application | |
| | 4. Presentation of Certificates | |